



February 2022

Welcome to the Life Change Care Magazine!

Its hard to believe that we are half way through February and approaching the half term holidays! The second month of 2022 has been a settled month for the Life Change Care homes, with time to refresh each home with a lick of paint to brighten things up. I think we are all looking forward to the lighter nights and some sunshine with time to spend in the beautiful gardens that each home has to offer.

I would like to congratulate Grace Dinn on her promotion to Deputy Manager at Stonebrook, this is a great achievement and a promotion that is well deserved.

This month we have been spotlighting Care For Caregiver Supervisions by evaluating the benefits of this service to our caregivers and managers. Secondary trauma is a subtle but toxic phenomenon which will impact on everyone in front line caregiving services. Here at Life Change Care, we recognise the devastating impact that Secondary Trauma may have on our work force and, ultimately, on the mental health of our children and families. We have developed a unique clinical supervision practice, aimed specifically at all employees involved with the children and families from Registered Managers to our Bank Staff team. Care for Caregivers is an integral aspect of the TIER Care System, and we know the benefits of this service are multi layered, both on a personal and professional level for our care teams. It takes me to the core of our ethos and philosophy, that 'dysregulated children and parents, can only achieve psychological and emotional regulation, through regulated caregiving, by regulated individuals working in a regulated team.



Best regards,
Julie Stirpe, Director of Practice Innovation



Birthdays



Lindsay Green

Happy Birthday to Lindsay, who is celebrating her birthday on the 5th February!



Amy Holden

Happy Birthday to Amy, who will be celebrating her birthday on the 17th February!



Promotions



Grace Dinn

Grace has been promoted from Senior Therapeutic Caregiver to Deputy Manager at Stonebrook House! Congratulations Grace!



Rickie-Lee Robinson

Rickie-Lee has been promoted from Therapeutic Caregiver to Senior Therapeutic Caregiver at Stonebrook House! Congratulations Rickie-Lee!



Kelly Crook

Kelly has been promoted from Therapeutic Caregiver to Senior Therapeutic Caregiver at Booth House! Congratulations Kelly!



Anniversaries



Curt Gregson

Curt is celebrating his **one** year anniversary with us this month!



Kelly Crook

Kelly is celebrating her **six** year anniversary with us this month!



Leavers



Millie Adamson

Unfortunately, we said goodbye to Millie this month. We wish her all the best for her future endeavours.



News

Pennine View gets Baking!

The children (and staff) at Pennine View enjoyed baking some dinosaur cookies earlier this month. They look rawr-some!



TCI Train the Trainer Refresher Course



Earlier this month, Jackie Flynn (Deputy Manager at Pennine View) and Joe Black (Registered Manager at Booth House) attended the TCI Train the Trainer Refresher Course. Here is what they both had to say about it:

"The train the trainer course gathered a really great group of individuals making for interesting and educational discussions about different services around the country." - **Joe Black**

"The train the trainer course enabled working professionals from different organisations to share ideas, skills and working practices that can be implemented into the work setting to support better outcomes for children and families." - **Jackie Flynn**

Social Media!

Life Change Care are now on social media! This will allow us to increase our online presence, let more people know about Life Change Care and the services we offer and create more referrals.

It will also allow people to make the connection between Life Change Care and JSA Psychotherapy.

We will be posting things that go in the magazine like birthdays, anniversaries, news and team profiles.

Please note that none of the children will be mentioned on our socials, but we'd love to share what's going on in the homes (i.e. any activities like baking).

If you would like to follow our pages, click on the links below:

Facebook

Twitter

LinkedIn

Meet the Office Team

Each month, find out about the office team. This month, find out about Natalie, one of our administrators.



Natalie Rowe

Natalie is one of our brilliant administrators for Life Change Care and JSA Psychotherapy Limited. She deals with incoming telephone calls, emails and referrals. The thing she loves most about her job is meeting lots of new people.

Training

The following training was completed during December:

Row Labels	Count of Course title
Anti-Bullying Children's Homes	7
Bulletin - December 2021	2
Bulletin - January 2022	30
Care Act - Care and Support Planning	1
Care Act - intro and overview	1
Child protection	1
Confidentiality data protection and the GDPR	2
Contextual Safeguarding	1
Criminal exploitation and county lines	3
Deprivation of Liberty Safeguards (DOLS)	1
Developmental Trauma and Therapeutic Care	10
Domestic Abuse	2
Education Health and Care Plan	1
Emotional Abuse	3
Equality and Diversity	4
FGM: recognising and Preventing	2
Filling in timesheets	2
Food hygiene & food safety	5
Honour-Based Violence and Forced Marriage	1
Human Trafficking and Modern Day Slavery	2
ICON - Babies Cry	1
IT device data storage and E-safety	7
Medication Practice	1
Neglect	2
NVQ level 3 - Diploma in child care	1
NVQ level 5	1
Protecting Children from Domestic Abuse	3
Racism, Discrimination, and Intolerance	1
Safeguarding children and adults - level 2	11
Safeguarding children in sport	2
Safeguarding children with disabilities	1
Safer Recruitment	2
Sexual Abuse and introduction to CSE	1
Using Sharepoint	1
Grand Total	116





Recruitment



We're Recruiting!



Don't forget that we pay a £500 referral fee for anyone that you refer who we hire and successfully passes through probation.

Careers

Team Spotlight

Employee of the Month



Stonebrook House

Grace Dinn

Grace is Stonebrook House's employee of the month. Well done Grace!



Pennine View

Jordan Rowe

Jordan is Pennine View's Employee of the Month. Well done Jordan!

Gill Bostock-Kellar (house manager) said: "Jordan is our newest member of staff, and has quickly settled into the team."



Booth House

Duane Askew

Duane is Booth House's Employee of the Month. Well done Duane!

Team Interview

Chloe Walsh

Position held: Therapeutic Care Giver

How long worked in care?: 5 Years

What did you do before working in care?:

Worked in a specialist SEN school and a children's centre nursery.



What do you enjoy most about your job?: I

enjoy building positive relationships with the children and young people in my care and then using these positive relationships to support children in their personal development. Enabling them to achieve positive outcomes that will stick with them for life.

What do you find most challenging?: Being the newest member of the team can be a challenge.

What do you enjoy most about working for Life Change Care?: I love my team mates and the way we work well together. I know if I have issues I can speak to my other staff. I recently enjoyed a massage from Jade which was good and I really appreciate my clinical supervisions.

What do you like to do outside of work?: I enjoy being outdoors, walking and in the good weather camping.

Where do you see yourself in 5 years' time?: In 5 years I'd like to be a qualified and practicing counsellor.



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